

## **Course Description**

## HUS1302 | Basic Counseling Skills | 3.00 credits

Development of the skills of observation, recording, reporting, interviewing and counseling. These skills are presented in the context of general counseling theory.

## **Course Competencies:**

**Competency 1:** The student will define and demonstrate active listening skills by:

- 1. Create strategies that can be used to fulfill personal, civic, and social responsibilities
- 2. Use quantitative analytical skills to evaluate and process numerical data

**Competency 2:** The student will demonstrate observation, interviewing, and recording skills by:

- 1. Solving problems using critical and creative thinking and scientific reasoning
- 2. Demonstrating knowledge of diverse cultures, including global and historical perspectives
- 3. Communicating effectively using listening, speaking, reading, and writing skills
- 4. Using quantitative analytical skills to evaluate and process numerical data

**Competency 3:** Demonstrate through communication assignments the response skills of restatement, paraphrasing, clarifying questions, summarizing, and reflection of feelings by:

- 1. Formulating strategies to locate, evaluate, and apply information
- 2. Providing suitable support and organization

Competency 4: The student will use response skills in helping clients to clarify and resolve problems by:

- 1. Using computers and emerging technologies effectively
- 2. Demonstrating logical reasoning

Competency 5: The student will identify problem-solving techniques related to client characteristics by:

- 1. Demonstrate knowledge of ethical thinking and its application to societal issues
- 2. Identifying components of performance evaluations

## **Learning Outcomes:**

- Communicate effectively using listening, speaking, reading, and writing skills
- Solve problems using critical and creative thinking and scientific reasoning
- Formulate strategies to locate, evaluate, and apply information
- Use computer and emerging technologies effectively

Updated: Fall 2025